

Human Treasures

“Regard man as a mine rich in gems of inestimable value. Education can, alone, cause it to reveal its treasures, and enable mankind to benefit therefrom.”

In order to take advantage of these hidden gems, we must identify them first. These potentials are also known as human virtues:

Assertiveness	Diligence	Kindness	Responsibility
Caring	Enthusiasm	Knowledge	Self-Discipline
Cleanliness	Excellence	Love	Selflessness
Commitment	Flexibility	Loyalty	Service
Compassion	Forgiveness	Moderation	Thankfulness
Confidence	Friendliness	Modesty	Tolerance
Consideration	Generosity	Patience	Trust
Cooperation	Helpfulness	Peacefulness	Trustworthiness
Courage	Honesty	Perseverance	Truthfulness
Courtesy	Honor	Punctuality	Unity
Creativity	Humility	Purposefulness	Wisdom
Detachment	Joyfulness	Reliability	
Determination	Justice	Respect	

You can think of these virtues as muscles of your mind. Your body has about 640 muscles and there are unlimited numbers of virtues that your mind can possess. Even though you cannot see your muscles you know that they are there. Your muscles help you do various tasks such as walking, talking, breathing, and so much more. As you train your muscles, they become stronger, and the combination of your muscles helps you become a more powerful person who can do great things.

On the other hand if you do not exercise, your muscles become weak and turn into fat, which will make it difficult for you to move. You can discover and develop your virtues only through actions; *“Let your actions cry aloud to the world ..., for it is actions that speak to the world and are the cause of the progress of humanity.”*

Activity 1 – My Treasures

In the picture below, write some of your treasures (virtues) next to different muscles.



Activity 2 – My Treasures

In the space below, list some of your treasures (virtues). Explain how each one affects your money and financial affairs.

Treasure 1 _____

Treasure 2 _____

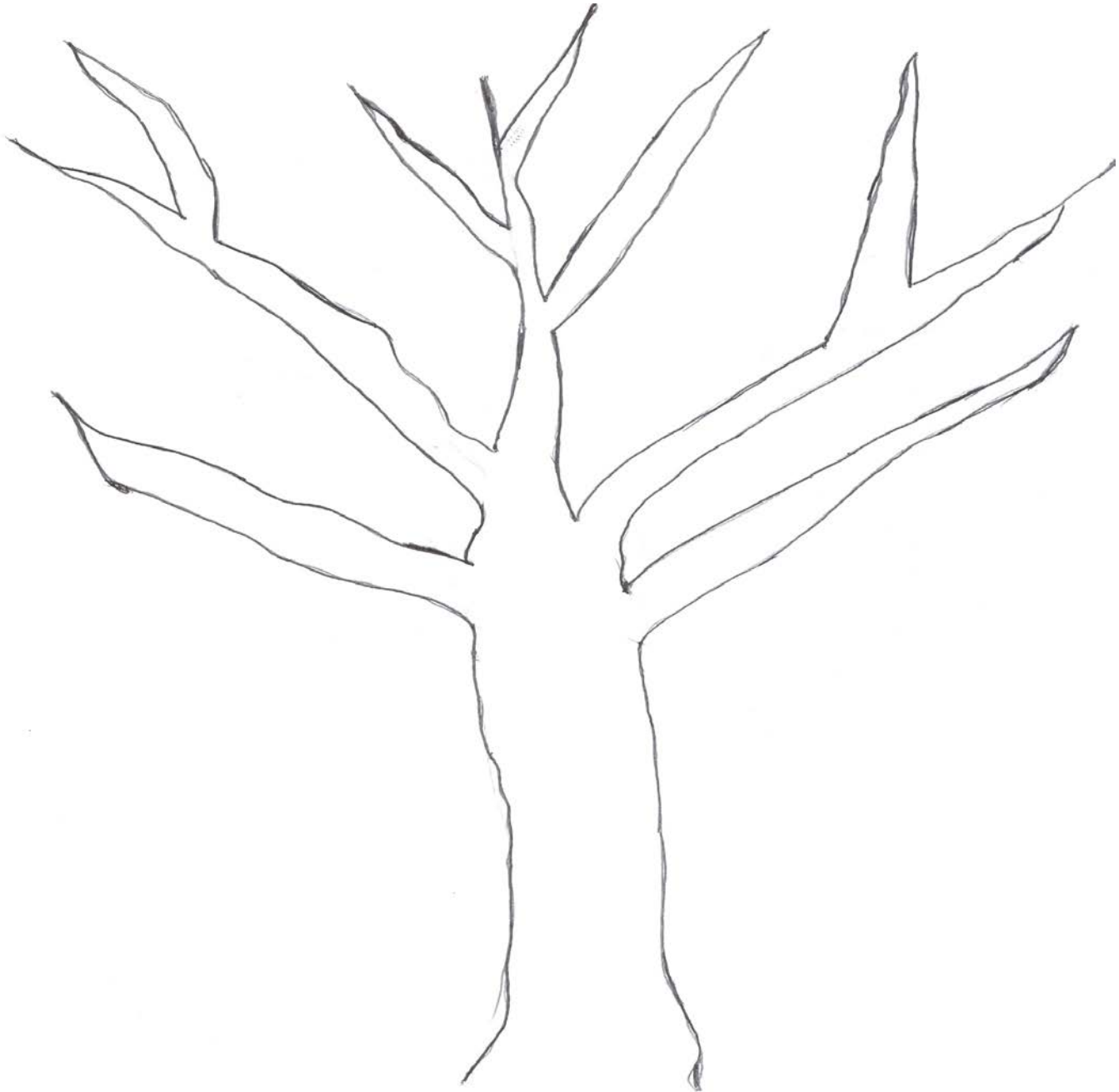
Treasure 3 _____

Treasure 4 _____

Treasure 5 _____

Activity 2 – Thankful Tree

From the list of what you are thankful for, write the items you must have on the tree trunk and things that you can live without on the branches.



Activity 2 – Respecting Resources

Draw the different stages of how an egg becomes a chicken that can lay more eggs

Egg

of Weeks

Chick

Young Chicken

Egg

Breakfast at Home

Total _____

Activity 3 – Stopping the waste

“Economy is the foundation of human prosperity. The spendthrift is always in trouble.”

Make a list of at least 5 things you think you waste

- 1- _____
- 2- _____
- 3- _____
- 4- _____
- 5- _____
- _____

For each item listed above find a solution to stop wasting

- 1- _____
- 2- _____
- 3- _____
- 4- _____
- 5- _____
- _____

In your group discuss what other people might be wasting and how can you help them realize this fact.